



# Winter Rheumatology Symposium

Saturday, January 24 – Friday, January 30, 2009

Snowmass Conference Center; Snowmass Village, Colorado



*“A wonderful meeting with a great range of topics and speakers. This meeting is a benchmark for measuring others.”* ~2008 Winter Rheumatology participant

**The Winter Rheumatology Symposium is a six-day review of the latest clinical and scientific information relevant to the field of rheumatology. The 2009 schedule provides opportunities to discuss the latest treatments and scientific research during educational sessions while taking advantage of the recreational and cultural amenities of Aspen-Snowmass.**

## TARGET AUDIENCE

- » Rheumatologists, physicians and other healthcare providers caring for patients with rheumatic diseases
- » Rheumatologists, physicians and other healthcare providers interested in or engaged in research in the field of rheumatology

## OBJECTIVES

The Winter Rheumatology Symposium offers a balanced mixture of basic science and clinical information on topics of current interest presented by experts in the field. The program will offer didactic sessions, case-based presentations and interactive opportunities with faculty whose expertise includes basic science, clinical investigation and management of patients with rheumatic diseases.

Upon completion of this program, participants should be able to:

- » discuss the most up-to-date, practical clinical information on the diagnosis and management of patients with rheumatic and immunologic disorders
- » describe the most current information concerning the pathophysiology that underlies rheumatic disorders

**Needs Assessment:** It is important for rheumatologists to continue to improve the treatment of their patients by staying informed of recent updates and advances in the field. From past evaluations it has been recognized that this CME meeting provides a comprehensive update for rheumatologists through didactic education, underlying pathophysiology and therapeutic approaches in rheumatology that will improve their patient care.

## CME INFORMATION

The American College of Rheumatology is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

The American College of Rheumatology designates the Winter Rheumatology Symposium for a maximum of 23 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

As a division of the American College of Rheumatology, the Association of Rheumatology Health Professionals (ARHP), offers a Certificate of Participation. The ARHP designates the Winter Rheumatology Symposium for 23 hours of participation.

*CME credit and certificates of participation will be provided for scientific registrants only.*



Register now....space is limited. Go to [www.rheumatology.org](http://www.rheumatology.org).  
**Advance Registration Deadline: January 5, 2009**

#### **SATURDAY, JANUARY 24**

6:00–7:30 PM  
 Welcome Reception and Registration  
*(for scientific attendees and registered guests)*

#### **SUNDAY, JANUARY 25**

7:00–8:00 AM  
 Targeted Gene Therapy in  
 Inflammatory Arthritis  
*Phillip J. Mease, MD; Seattle  
 Rheumatology Associates*

8:00–9:00 AM  
 Systemic Lupus Erythematosus I  
*Richard John Looney, MD; University  
 of Rochester*

4:30–5:30 PM  
 Cheurg Strauss Disease  
*Ulrich Specks, MD; Mayo Clinic*

5:30–6:30 PM  
 A New Look at Cartilage  
*Douglas W. Goodwin, MD;  
 Dartmouth-Hitchcock Medical Center*

#### **MONDAY, JANUARY 26**

7:00–8:00 AM  
 Pulmonary Manifestations of  
 Rheumatic Diseases  
*Ulrich Specks, MD; Mayo Clinic*

8:00–9:00 AM  
 Psoriatic Arthritis  
*Phillip J. Mease, MD; Seattle  
 Rheumatology Associates*

4:30–5:30 PM  
 Systemic Lupus Erythematosus II  
*Richard John Looney, MD;  
 University of Rochester*

5:30–6:30 PM  
 Radiology for the Rheumatologist  
*Douglas W. Goodwin, MD; Dartmouth-  
 Hitchcock Medical Center*

#### **TUESDAY, JANUARY 27**

7:00–8:00 AM  
 Rheumatoid Arthritis Update  
*Michael E. Weinblatt, MD; Brigham and  
 Women's Hospital*

8:00–9:00 AM  
 Rheumatoid Arthritis Panel  
*Michael E. Weinblatt, MD; Brigham and  
 Women's Hospital  
 John J. Cush, MD; Baylor Research Institute  
 William F.C. Rigby, MD; Dartmouth-  
 Hitchcock Medical Center*

4:30–5:30 PM  
 Developing Targeted Therapies for the  
 Systemic Amyloidoses  
*Laura M. Dember, MD; Boston University  
 School of Medicine*

5:30–6:30 PM  
 Practice Patterns of Rheumatologists  
*John J. Cush, MD; Baylor Research Institute*

#### **WEDNESDAY, JANUARY 28**

7:00–8:00 AM  
 Current Controversies in Vasculitis  
*Peter A. Merkel, MD; Boston University  
 School of Medicine*

8:00–9:00 AM  
 Juvenile Dermatomyositis  
*Ann M. Reed, MD; Mayo Clinic*

Noon–1:00 PM  
 NASTAR Race\*

1:00–2:15 PM  
 Picnic\*

\*Pre-registration is required for NASTAR  
 Race & Picnic (see registration form)

4:30–6:30 PM  
 Points on Joints  
*(see page 6 for more information)*  
*Patience H. White, MD; Arthritis  
 Foundation*

#### **THURSDAY, JANUARY 29**

7:00–8:00 AM  
 Risks of Hyper- and Hypouricemia  
*N. Lawrence Edwards, MD; University  
 of Florida*

8:00–9:00 AM  
 Not Myositis-Some Other Myopathies  
*Robert L. Wortmann, MD;  
 Dartmouth-Hitchcock Medical Center*

4:30–5:30 PM  
 Mechanics of Synovitis: Impact of the  
 Skeletal Environment  
*Ellen M. Gravallese, MD; University of  
 Massachusetts Medical School*

5:30–6:30 PM  
 Pediatric Rheumatology for Adult  
 Rheumatologists  
*Ann M. Reed, MD; Mayo Clinic*

#### **FRIDAY, JANUARY 30**

7:00–8:00 AM  
 Rheumatoid Arthritis and Bone:  
 A Losing Proposition  
*Ellen M. Gravallese, MD; University  
 of Massachusetts Medical School*

8:00–9:00 AM  
 Mechanisms of Inflammation in  
 Crystal-Induced Arthropathies  
*N. Lawrence Edwards, MD;  
 University of Florida*

4:30–5:30 PM  
 The Life and Work of Adolf Kussmaul  
*Eric L. Matteson, MD; Mayo Clinic*

5:30–6:30 PM  
 An Especially Peculiar National Symbol!  
 The Natural History of the Bald Eagle  
*Charles C. Browne; The Fairbanks  
 Museum and Planetarium*

6:30–8:00 PM  
 Closing Reception  
*(for scientific attendees and registered guests)*

# SCHEDULE AT-A-GLANCE



Program is subject to change. Please check the ACR Web site at  
[www.rheumatology.org](http://www.rheumatology.org) for updated program information.

# Become a Part of the 2009 Program!

## POINTS ON JOINTS INFORMATION

- Wednesday afternoon is reserved for attendees to present cases from their practices
- Cases are usually presented as “stumpers” in the Thieves’ Market Style
- Other formats to enlighten and enliven the audience are welcomed
- Each presenter is provided up to 15 minutes including discussion

If you would like to present a case, e-mail Patience White, MD, at [pwhite@arthritis.org](mailto:pwhite@arthritis.org) by Monday, December 22 with the following information:

- Your Name
- Mailing Address (including city, state and zip)
- Daytime Phone Number
- Evening Phone Number
- E-mail Address
- Brief paragraph describing your proposed presentation and title



**AIRLINE RESERVATIONS**

To make your airline or car rental reservations, contact Association Travel Concepts at (800) 755-3899 or (858) 362-2719; or visit the ACR Travel Center at [www.atcmeetings.com](http://www.atcmeetings.com) and click on meetings.

Direct service is available to Aspen Airport from Denver, Los Angeles, Salt Lake City and Chicago. Flights are available from Aspen Airport (20 minute drive), Eagle Airport (1/2 hour drive), Grand Junction (2 hour drive) or Denver International Airport DIA (4 hour drive). Please book early to obtain the best travel options. Visit [www.snowmassvillage.com/getting\\_here.cfm](http://www.snowmassvillage.com/getting_here.cfm) for additional information.

**ACCOMMODATIONS**

To make your reservations, contact the hotel property directly and identify yourself as an ACR Winter Rheumatology Symposium Attendee. Rates do not include 12.3% state tax or deposit. Policies may vary by property. After November 13, 2008 sleeping room rates will not be guaranteed.

**Aspenwood Condominiums – Telephone: (800) 525-9402**

**Rates: \$225-\$442** (\$25 each additional person, studio – over two people; two bedroom-over five people). Condominium accommodations: amenities include full kitchen and fireplace, heated outdoor pool and two Jacuzzis. Located 50 yards from the slopes.

**Pokolodi Lodge – Telephone: (800) 666-4556**

**Rate: \$189** (\$15 each additional person over two people; children 12 and under are free). Hotel accommodations: amenities include free wireless internet, full cable TV, complimentary continental breakfast, mini-refrigerator, coffee maker, heated pool and Jacuzzi. This quaint lodge is ideally located at the base of the Snowmass Village Mall and Transportation Center, approximately two blocks from the Snowmass Conference Center. Complimentary airport shuttle to/from Aspen Airport.

**Silvertree Hotel – Telephone: (800) 525-9402**

**Rates: \$293-\$394** (\$25 each additional person over two people; children 12 and under are free). Hotel accommodations: amenities include breathtaking views, ski-in/ski-out, luxurious suites, two outdoor heated pools, whirlpool, sauna, room service and health club. Guest rooms are equipped with coffee makers, mini-refrigerators and hair dryers. Also offers ski valet. Located slopeside, just 30 feet away from the Snowmass Conference Center.

**Wildwood Lodge – Telephone: (800) 525-9402**

**Rate: \$251** (\$25 each additional person over two people; children 12 and under are free). Hotel accommodations: Located next to the Snowmass Conference Center just above the Snowmass Village Mall. Outdoor heated pool and hot tub are located in the central courtyard. Guest rooms are equipped with mini-refrigerators, coffee makers, cable TV and hair dryers. Located just steps from the Snowmass Hill.

**DISCOUNT LIFT TICKETS**

Orders must be received by Friday, December 19, 2008.

Take advantage of the ACR group rate and save up to 35% off the window price when you order your lift tickets in advance at [www.rheumatology.org/meetings/wro9](http://www.rheumatology.org/meetings/wro9). The ACR group rate will not be available after December 19.

Tickets will be distributed during the welcome reception on January 24, 2009.

**REGISTRATION FEES**

Advanced Deadline: January 5, 2009  
 Registration Deadline: January 16, 2009

*On-site registration: On-site registration will be accommodated pending space availability.*

	BY JAN 5	AFTER JAN 5		BY JAN 5	AFTER JAN 5
ACR Member	\$625	\$700	Non-Member	\$725	\$800
ARHP Member	\$315	\$385	Non-Member Trainee	\$360	\$435
Member Trainee	\$315	\$385	Guests 12 and over	\$100	\$100
			Guests under 12	No charge	No charge