

**IDF** 2011  
دبي نمطه

world diabetes congress  
4-8 December 2011

**ADVANCE PROGRAMME  
CALL FOR ABSTRACTS**

Abstract deadline 20 April 2011  
Early registration deadline 17 June 2011



[www.worlddiabetescongress.org](http://www.worlddiabetescongress.org)



International  
Diabetes  
Federation

**eds** EMIRATES  
DIABETES  
SOCIETY



**International  
Diabetes  
Federation**

## **The International Diabetes Federation**

The International Diabetes Federation (IDF) is an umbrella organization of over 200 national diabetes associations in over 160 countries. It represents the interests of the growing number of people with diabetes and those at risk. The Federation has been leading the global diabetes community since 1950. IDF's mission is to promote diabetes care, prevention and a cure worldwide. Led by the International Diabetes Federation, the Unite for Diabetes campaign secured a United Nations Resolution on diabetes in December 2006. The Federation continues to lead the global effort to implement Resolution 61/225 under the Unite for Diabetes banner. The Resolution encourages UN Member States to develop national policies for the prevention, treatment and care of diabetes in line with the sustainable development of their health-care systems, taking into account the internationally agreed development goals, including the Millennium Development Goals.

**IDF | Promoting diabetes care, prevention and a cure worldwide**



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# Why Dubai?

## **An interview with Professor Jean Claude Mbanya IDF President**

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### *Why is the World Diabetes Congress 2011 being held in Dubai?*

Jean Claude Mbanya: The main reason for hosting the 2011 congress in Dubai is the significance of diabetes to the United Arab Emirates, the Gulf region and the IDF Middle East and North African Region as a whole. Progressive urbanization, increased life expectancy and economic development associated with a shift to unhealthy lifestyles have resulted in a huge explosion in type 2 diabetes in the region over the last 30 years. The UAE has the second-highest prevalence of diabetes globally, with one in five people now living with diabetes. This is expected to increase further if action is not taken. Holding the World Diabetes Congress in Dubai provides the perfect opportunity for IDF to add a strong political dimension and increase the representation of government and civil society from the region at the congress.

### *The World Diabetes Congress attracts up to 15,000 delegates from all over the world. Is Dubai ready to host such an event and will delegates from emerging countries be able to afford Dubai?*

Jean Claude Mbanya: Absolutely! Dubai meets IDF's public transport and accommodation requirements, with a range of accommodation facilities available to suit all budgets and safe, low-cost transportation. Dubai Metro will guarantee easy travel to the congress centre and IDF will secure free metro travel passes for all congress delegates.

*What is IDF hoping to achieve in the region?*

Jean Claude Mbanya: The World Diabetes Congress can leave a legacy that will encourage governments in the region to act in the face of the diabetes pandemic. The congress should provide a well-timed boost to local initiatives as well as a significant opportunity to exchange information across the region and share key learnings with a global audience.

*How has the diabetes pandemic been addressed by the UAE's political leadership?*

Jean Claude Mbanya: Recent examples of initiatives in the UAE include: an awareness campaign that involved the Ministry of Health; the launch of a diabetes programme with the Harvard Medical School Dubai Center Institute for Postgraduate Education and Research (HMSDC) in collaboration with Dubai Healthcare City; the opening of the first UAE diabetes centre for children; and widespread participation in World Diabetes Day activities. The growing concern to meet the demands of the diabetes epidemic across the region provides the right context for IDF to magnify the political component of the World Diabetes Congress.

*Can you explain the political dimension in more detail?*

Jean Claude Mbanya: The World Diabetes Congress 2011 is taking place at an important juncture for diabetes and non-communicable diseases (NCDs) more broadly. It will follow shortly after the United Nations General Assembly Summit on Non-Communicable Diseases (NCDs) in September 2011— which will be a catalyst for major change at a global level, potentially leading to firm commitments that governments report on periodically.

The World Diabetes Congress 2011 will continue the momentum from this pivotal high-level Summit, taking its outcomes and putting them to government representatives at a new, high-profile Global Diabetes Forum — a full-day meeting preceding the congress. The Forum will be hosted by senior decision-makers from the region, and will provide the opportunity for structured cross-sector dialogue between representatives from government, industry and civil society. The outcome will be the Dubai Diabetes Declaration, which will facilitate the implementation and monitoring of evidence-based policy and planning emerging from the UN NCD Summit.

This Forum differentiates the World Diabetes Congress 2011 from other medical and scientific diabetes congresses, and makes it the congress of choice for any government official concerned about the diabetes pandemic.

I would like to take this opportunity to give an advance welcome to all participants in the World Diabetes Congress 2011 in Dubai.



Professor Jean Claude Mbanya  
President, International Diabetes Federation

On behalf of the Organizing and Programme Committees of the World Diabetes Congress, we are delighted to welcome you to the World Diabetes Congress 2011, which will be held in Dubai, United Arab Emirates.

# Welcome to Dubai

The International Diabetes Federation aims to consolidate the direction of previous congresses and push boundaries to enhance the lives of the people with diabetes.

This is the first World Diabetes Congress to be organised in the Middle East and North Africa Region — a region which is enormously affected by diabetes. We hope to create a platform that allows key players to take up the challenge of giving a voice to the millions of people living with diabetes.

The Programme Committee aspires to create a wide-ranging programme covering all aspects of the diabetes field. The five programme streams for the congress are: Clinical and Basic Science, Education and Integrated Care, Global Challenges in Health, Health Systems and Epidemiology, and Life with Diabetes.

The addition of the Global Challenges in Health stream also introduces a health policy angle to attract governmental policy makers, NGO partners and international organizations. The growing concern to meet demands of the diabetes pandemic additionally provides the right context for IDF to magnify the political component of the World Diabetes Congress.

Each congress delegate will benefit from novel and interactive sessions with renowned speakers. Easy accessibility, affordable hotel accommodation, a state-of-the-art congress centre and Dubai Metro, one of the best public transport systems worldwide, will contribute to a most enjoyable and awarding congress experience.

The Emirates Diabetes Society is pleased that Dubai has been selected as the congress venue. Like an oasis appearing in the desert sand, Dubai has turned from a sleepy trading port to a global gateway over the past few decades. However, the lifestyle shifts accompanying this change have resulted in a huge increase in type 2 diabetes in the UAE, as well as the Middle East and North African Region as a whole.

It is our intention that the presence of the World Diabetes Congress and its international delegates in Dubai will focus a renewed effort in the region to tackle diabetes and address the lifestyle factors fuelling the disease.

You will be charmed by the warmth and friendliness of the people in one of the world's most multicultural and dynamic cities. We look forward to welcoming you to an exceptional congress in an exciting venue.

Join us in Dubai in December 2011!



Dr. Abdullah Ben Nahki  
Chair, Organizing Committee



Dr. Stefano Del Prato  
Chair, Programme Committee

# CONGRESS COMMITTEES

## Organizing Committee

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- |                             |                      |       |
|-----------------------------|----------------------|-------|
| • Abdullah Ben Nahki        | Kuwait               | Chair |
| • Abdulrazzaq Ali Al Madani | United Arab Emirates |       |
| • Stefano Del Prato         | Italy                |       |
| • Monira Al Arouj           | Kuwait               |       |
| • Brian Wentzell            | Canada               |       |
| • Ann Keeling               | Belgium              |       |

## Industry Liaison Committee

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- |                     |              |
|---------------------|--------------|
| • Sylvia Fondanèche | IEC, France  |
| • Marianne Weimers  | IEC, Sweden  |
| • Peter Engels      | IDF, Belgium |
| • Luc Hendrickx     | IDF, Belgium |
| • Celina Renner     | IDF, Belgium |

## Advisory Committee Dubai Congress (ACDC)

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- |                               |                      |       |
|-------------------------------|----------------------|-------|
| • Abdulrazzaq Ali Al Madani   | United Arab Emirates | Chair |
| • Heba Al Shaar               | United Arab Emirates |       |
| • Fatheya Alawadi             | United Arab Emirates |       |
| • Mohammed Naser Farghaly     | United Arab Emirates |       |
| • Mohammad Hamed Farooqi      | United Arab Emirates |       |
| • Ali Sayed Hussain           | United Arab Emirates |       |
| • Jaber Mohd Hassan Al Ansari | United Arab Emirates |       |

## Programme Committee

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- |                     |       |       |
|---------------------|-------|-------|
| • Stefano Del Prato | Italy | Chair |
|---------------------|-------|-------|

## Programme Stream Committees

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### Clinical and Basic Science

- |                      |           |               |
|----------------------|-----------|---------------|
| • Steven Kahn        | USA       | Stream Lead   |
| • Christopher Rhodes | USA       | Stream Deputy |
| • Antonio Chacra     | Brazil    | Member        |
| • Mark Cooper        | Australia | Member        |
| • Hertzal Gerstein   | Canada    | Member        |
| • Andrew Hattersley  | UK        | Member        |
| • Takashi Kadowaki   | Japan     | Member        |
| • Paolo Pozzili      | Italy     | Member        |
| • Eugene Sobngwi     | Cameroon  | Member        |
| • Mohan Viswanathan  | India     | Member        |

### Education and Integrated Care

- |                   |                      |               |
|-------------------|----------------------|---------------|
| • Marg McGill     | Australia            | Stream Lead   |
| • Linda Siminerio | USA                  | Stream Deputy |
| • Maria Ruiz      | Argentina            | Member        |
| • Hussein Saadi   | United Arab Emirates | Member        |
| • Seyda Ozcan     | Turkey               | Member        |

### Global Challenges in Health

- |                     |           |               |
|---------------------|-----------|---------------|
| • Jonathan Brown    | USA       | Stream Lead   |
| • Ruth Colagiuri    | Australia | Stream Deputy |
| • Anne-Marie Felton | UK        | Member        |
| • Sania Nishtar     | Pakistan  | Member        |
| • Srinath Reddy     | India     | Member        |

### Health Systems and Epidemiology

- |                  |              |               |
|------------------|--------------|---------------|
| • Juliana Chan   | Hong Kong    | Stream Lead   |
| • Venkat Narayan | India        | Stream Deputy |
| • Pablo Aschner  | Colombia     | Member        |
| • Ayesha Motala  | South Africa | Member        |
| • Nick Wareham   | UK           | Member        |

### Life with Diabetes

- |                      |                 |               |
|----------------------|-----------------|---------------|
| • Douglas Villarroel | Bolivia         | Stream Lead   |
| • Betsy Rodriguez    | USA             | Stream Deputy |
| • Mahmoud Ibrahim    | Egypt           | Member        |
| • Anant Nigam        | India           | Member        |
| • Tommy Ty Willing   | The Philippines | Member        |



# CONGRESS OVERVIEW

	Saturday 3 December	Sunday 4 December	Monday 5 December	Tuesday 6 December	Wednesday 7 December	Thursday 8 December
08.00						
08.30						
09.00	General Council	Global Diabetes Forum	Satellite Symposia	Programme	Programme	Programme
09.30						
10.00						
10.30						
11.00						
11.30						
12.00						
12.30						
13.00						
13.30						
14.00					Dubai Diabetes Declaration	Programme
14.30						
15.00						
15.30						
16.00						
16.30						
17.00						
17.30						
18.00						Evening with the President and IDF
18.30				Satellite Symposia	Satellite Symposia	
19.00		Opening Ceremony & Welcome Reception	Networking Evening	Satellite Symposia		
19.30						
20.00						
20.30						
21.00						
21.30						
22.00						



## GENERAL INFORMATION

The World Diabetes Congress in Dubai will take place at the Dubai International Convention and Exhibition Centre (DICEC), Dubai, United Arab Emirates from Sunday 4 to Thursday 8 December 2011.

### Abstract book and CD-ROM

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Abstracts will be provided on CD-ROM, with a limited number of printed copies available during the congress. Please indicate while registering online if you would like to receive a printed copy of the abstract book onsite.

### Congress city

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Dubai is the second largest city in the United Arab Emirates (UAE). Its rapid growth over the last few decades has shaped Dubai into an ultra-modern and technologically advanced city-state.

**The working week in Dubai is from Sunday to Thursday.  
The official weekend is on Friday and Saturday.**

The city enjoys abundant sunshine throughout the year. While the weather during the summer months from May-September is hot and humid, the winter months from October-April are pleasant. The daily maximum temperature is 24°C/75.2°F in December. For more information on Dubai, visit <http://www.dubaitourism.ae/>

### Continuing Medical Education (CME)

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#### CME accreditation for delegates

Applications for Continuing Medical Education (CME) accreditation for physicians and other healthcare professionals will be presented to the Faculty of Medicine & Health Sciences, UAE University and the European Accreditation Council for Continuing Medical Education (EACCME). EACCME credits are recognized by the American Medical Association towards the Physician's Recognition Award (PRA).

It is expected that the World Diabetes Congress will be accredited between 21 and 24 hours.

CME certificates will be issued at the registration desk as from Wednesday, 7 December 2011.

## CME accreditation for satellite symposia

CME accreditation from the UAE University or the EACCME for satellite symposia is not required. "Satellite symposia form part of a congress which has been approved for CME and do not get separate approval for CME credits by EACCME nor UAE University. They are considered part of the whole meeting programme and are therefore covered by the congress CME. There is no specific allocation of hours to them." <sup>1</sup>

## Correspondence

All enquiries and correspondence in relation to the congress should be directed to:

- International Diabetes Federation  
World Diabetes Congress Secretariat  
Chaussée de La Hulpe 166  
B-1170 Brussels  
Belgium  
T: +32 2 5431631  
F:+32 2 4030830  
E: wdc@idf.org  
<http://www.worlddiabetescongress.org>

## Currency

The Euro (EUR) is the official currency of the congress. Some local services may be quoted in United Arab Emirates Dirham (AED) The Dirham is fully convertible and is linked to the US Dollar at a fixed exchange rate of USD 1.00 = AED 3.67. At the time of printing, the exchange rate with the Euro was EUR 1 = AED 4.8.

## Diabetes Cafe

At the heart of the World Diabetes Congress is the Diabetes Cafe, an open session structure enabling delegates to interact with the speakers, and network with one another.

Surrounded by the Global Village - which brings together IDF's member associations – the Diabetes Cafe provides the setting for Debate, Open Forum, and Speakers' Corner sessions.

## Scheduled opening hours:

Days	Hours
Monday 5 – Tuesday 6 December	08.30 – 17.00
Wednesday 7 – Thursday 8 December	08.30 – 13.00

## Electricity

Electricity in Dubai is 220/240 volts, 50 Hz AC. Outlets in Dubai generally accept the square 3-pin plug.

If the plug of your appliances has a different shape, you will need an adapter.



## Exhibition and sponsorship

An exhibition is a powerful medium that brings companies' prospects and potential customers together and allows companies to demonstrate products, answer questions, and meet their market face-to-face.

By participating in the World Diabetes Congress, companies can drive home their message in a truly comprehensive manner, gain long-term branding as well as immediate sales, research the market and generate media coverage, and launch new products or strengthen existing customer relations.

## Scheduled opening hours:

Days	Hours
Monday 5 – Wednesday 7 December	10.00 – 16.00
Thursday 8 December	10.00 – 13.00

To secure your participation in the exhibition, book a satellite symposium or general sponsorship, please contact:

- Peter Engels | Industry and Logistics Coordinator  
T: + 32 2 5431633 – E: [peter.engels@idf.org](mailto:peter.engels@idf.org)

<sup>1</sup> European Union for Medical specialists (UEMS)

## Final programme

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A fully searchable final programme will be available online as from November 2011 on [www.worlddiabetescongress.org](http://www.worlddiabetescongress.org). The printed version will be distributed on site.

## Global Diabetes Forum

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The Global Diabetes Forum (GDF) is a full day meeting preceding the World Diabetes Congress and will take place on Sunday 4 December 2011 outside the Dubai International Convention and Exhibition Centre.

The Global Diabetes Forum will be a by-invitation-only event. It will be a political platform for structured cross-sector dialogue between government, industry and civil society representatives which will distinguish IDF's congress from other diabetes related congresses. It will be an opportunity for discussion and commitments to be made around the outcomes of the UN Summit on the prevention and control of non-communicable diseases (NCDs) in September 2011 which is expected to lead to firm commitments that governments periodically report on.

The outcome of this Forum will be the Dubai Diabetes Declaration, which will facilitate the implementation and monitoring of evidence-based policy and planning emerging from the UN NCD Summit.

The World Diabetes Congress will continue the momentum from this pivotal high-level meeting, taking the outcomes from the UN Summit and putting them to government representatives at the Congress at a new high profile Global Diabetes Forum.

## Global Village

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The Global Village is an area within the exhibition hall dedicated to the IDF Member Associations. Giving more than 200 national member associations the opportunity to interact with the diabetes community at large, its main objective is to serve as an avenue of exchange between associations and for them to showcase their activities.

## Scheduled opening hours:

Days	Hours
Monday 5 – Wednesday 7 December	10.00 – 17.00
Thursday 8 December	10.00 – 13.00

## Internet

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Free internet access will be provided in the internet zone located in the exhibition hall.

## Italian delegates

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Sponsors of Italian delegates who need AIFA authorization should contact:

- Endogroup International S.r.l.  
Via Turati 7/E  
22036 Erba (CO)  
Italy  
T: +39 031 646141  
F: +39 031 646731  
E: [accreditamento@endogroupinternational.com](mailto:accreditamento@endogroupinternational.com)

## Language

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The official language of the congress is English. All sessions will be in English only.

## Liability and insurance

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Neither the International Diabetes Federation (IDF), Congress Solutions International (CSI) (the official local partner) nor any other supplier active in the congress centre will assume responsibility for injury and/or damage involving persons or property during the congress. Participants are advised to take out a personal insurance policy for the congress.

## Media

The media centre will serve the needs of print, radio, and broadcast journalists covering the World Diabetes Congress 2011. Services provided to accredited journalists include: computer work stations, internet connections, ISDN lines, printers, telephones, fax and photocopying machines. A multi-lingual communications team will be available to assist journalists with editorial, technical and logistical support. Rooms will also be available for interviews and for official daily briefings and third-party press conferences.

### Location

The media centre will be centrally located in the Ajman and Sharjah rooms on the first floor of the congress centre.

### Scheduled opening hours

Days	Hours
Saturday 3 December	13.00 – 20.00
Sunday 4 – Thursday 8 December	08.00 – 20.00
Friday 9 December	08.00 – 14.00

Only accredited journalists will have access to the media centre.

Online media registration will be available on [www.worlddiabetescongress.org](http://www.worlddiabetescongress.org) as of February 2011.

For specific media enquiries regarding the World Diabetes Congress, please contact:

- Nancy Matos  
World Diabetes Congress Press Office  
International Diabetes Federation  
T: +32 2 5431639  
F: +32 2 4030830  
E: [congressmedia@idf.org](mailto:congressmedia@idf.org)

## Medicine and first aid

The majority of medicines which are used worldwide are available in local pharmacies and hospitals in the United Arab Emirates.

A pharmacy is located in the congress centre.

Travellers carrying personal medicines are advised to seek permission from the Registration and Drug Control Department, Ministry of Health, prior to travelling to the United Arab Emirates. For more information, please visit [www.moh.gov.ae/en/Page\\_764.aspx](http://www.moh.gov.ae/en/Page_764.aspx)  
A first aid unit will operate in the congress centre during the congress opening hours.

## Official carrier

Star Alliance has been appointed the official airline network for the World Diabetes Congress 2011. To obtain details and conditions on Star Alliance Convention Plus discounts and participating airlines, please visit the website [www.worlddiabetescongress.org](http://www.worlddiabetescongress.org)  
When making your travel plans please present confirmation of your registration as proof of attendance and ensure that the Event Code is listed on your ticket. For further information about Star Alliance please refer to [www.staralliance.com/conventionsplus](http://www.staralliance.com/conventionsplus)



## Congress opening hours

Activity	Day	Hours
Group registrations: collection of congress materials (badges, vouchers) at pre-arranged times	Saturday 3 December	08.00 – 18.00
Satellite symposia	Sunday 4 December	08.00 – 16.00
	Monday 5 – Wednesday 7 December	18.00 – 20.00
Individual registrations	Sunday 4 December	07.00 – 18.00
	Monday 5 – Wednesday 7 December	07.30 – 18.00
	Thursday 8 December	07.30 – 13.00
Exhibition	Monday 5 – Wednesday 7 December	10.00 – 16.00
	Thursday 8 December	10.00 – 13.00
Global Village	Monday 5 – Wednesday 7 December	10.00 – 17.00
	Thursday 8 December	10.00 – 13.00
Programme	Monday 5 – Tuesday 6 December	08.30 – 17.00
	Wednesday 7 December	08.30 – 13.00
	Thursday 8 December	08.30 – 17.00
Diabetes Cafe	Monday 5 – Tuesday 6 December	08.30 – 17.00
	Wednesday 7 – Thursday 8 December	08.30 – 13.00

## Social and environmental responsibility

Where possible, the International Diabetes Federation strives to promote social responsibility and ethical practices towards the environment and the global community. IDF makes every effort to take decisions that reflect these ethics to fulfil our role in the society. In this vein, IDF plans to support and encourage the Environmental Policy adopted by the congress venue and follows an environmentally friendly approach.

## Tax

Sales tax is levied on specific goods and services, for example alcohol, cigarettes, hotel services, entertainment and restaurants. Currently no VAT system is in place in the United Arab Emirates.

## Time zone

Dubai will be 4 hours behind the Coordinated Universal Time (UTC) and Greenwich Mean Time (UTC/GMT-4) during the congress.

## Transport

### Airport

An IDF welcome desk for the World Diabetes Congress 2011 delegates will be located in the arrivals hall of Dubai International Airport. Dubai International Airport (airport code DXB) is a 20-30 minute drive from the city centre. Please note that IDF will not organize shuttle buses to/from the airport for the congress. Taxis are available at the arrivals terminal at all times. There are also two metro stations at the airport (Airport terminal 1 and Airport Terminal 3 - both are on the Red line).

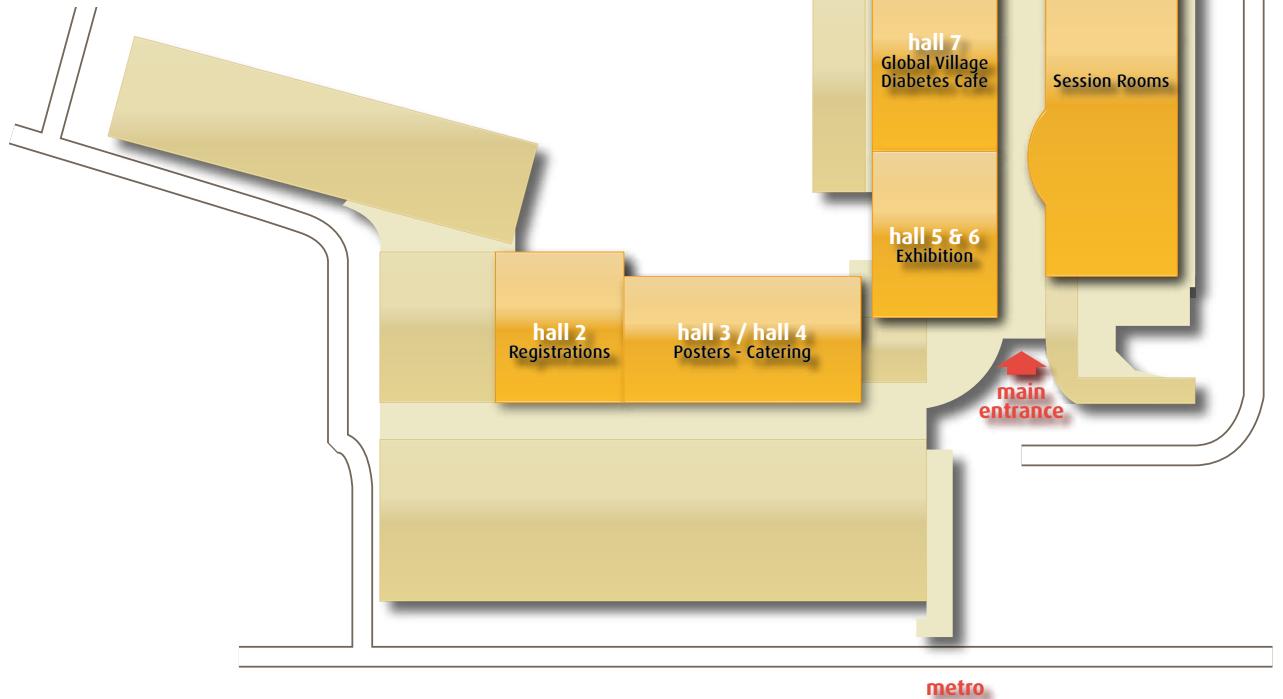
## Public transport

Taxis are easily obtainable in Dubai. The Road and Transport Authority operates numerous bus routes throughout the city. Dubai operates a world class, fully automated metro network, linking the airport and the congress centre to the city and main hotels. The congress centre has its own metro station on the red line called "World Trade Center". For more details please visit [www.dubaimetro.eu](http://www.dubaimetro.eu)

## Venue

The Dubai International Convention and Exhibition Centre (DICEC) is a 15-minute drive from the Dubai International Airport.

- DICEC  
Sheikh Zayed Road  
Dubai  
<http://www.dicec.ae>



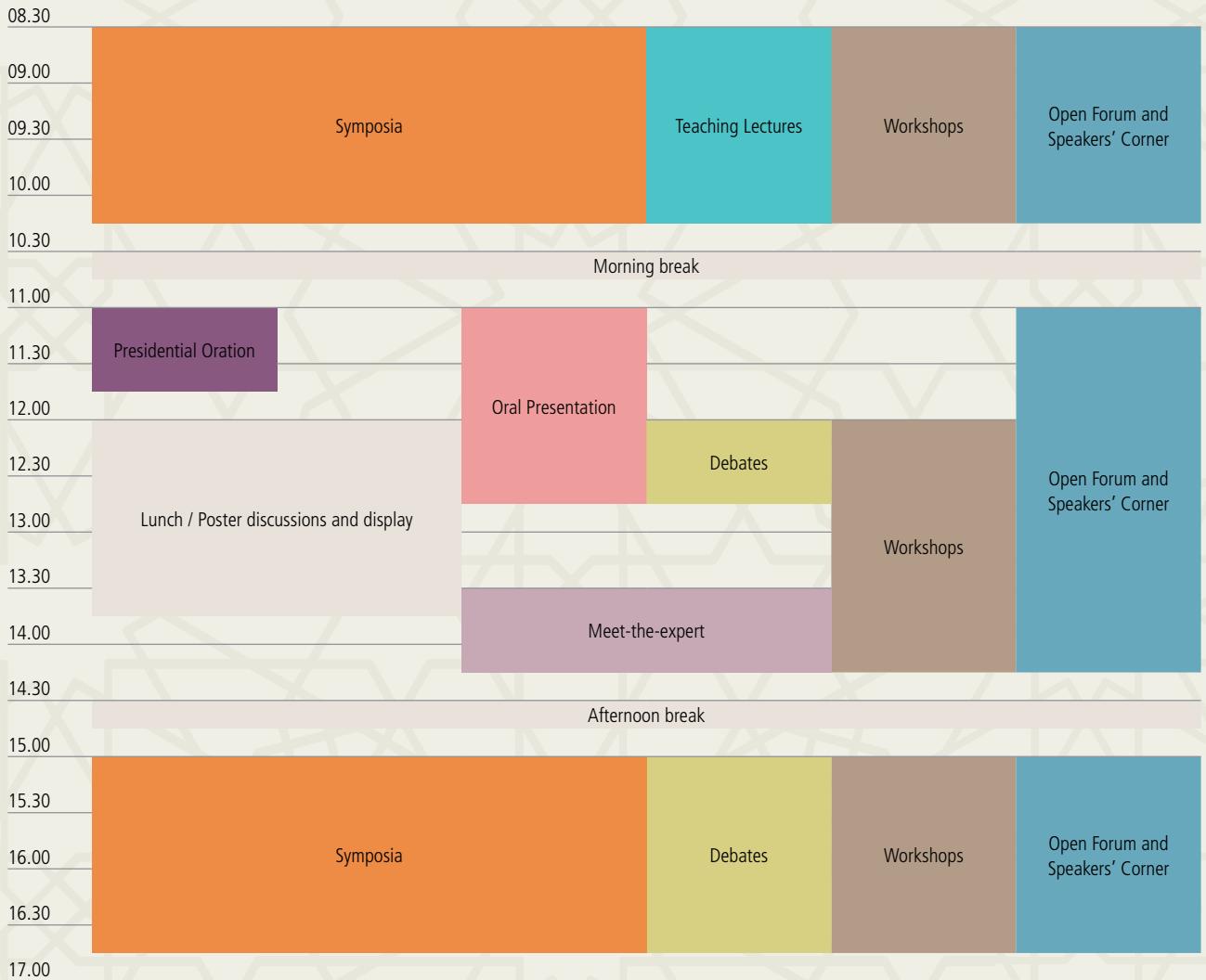
## Visa

All visitors travelling to the United Arab Emirates must be in possession of a passport, valid for at least six months from the date of entry into the United Arab Emirates.

For the latest information on visa applications please visit [www.worlddiabetescongress.org/pages/visa](http://www.worlddiabetescongress.org/pages/visa)

# PROGRAMME OVERVIEW

## Monday 5 December



## Tuesday 6 December



## Wednesday 7 December



## Thursday 8 December





# PROGRAMME STREAMS AND SESSIONS

## Programme at a glance

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The programme will consist of various sessions in different formats divided into five streams.

Stream	Stream Lead
Clinical and Basic Science	Steven Kahn
Education and Integrated Care	Marg McGill
Global Challenges in Health	Jonathan Brown
Health Systems and Epidemiology	Juliana Chan
Life with diabetes	Douglas Villarroel

## Invited speakers programme

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### Debate (D)

These will include sessions on controversial topics in the format of a discussion in which two opposing teams will defend and refute a given proposition.

### Meet-the-Expert (ME)

These sessions will provide the opportunity for participants to interact with one or more experts on a specific topic.

### Open Forum (OF)

A topic of common interest will be introduced for discussion between a speaker and participants. Participants may put forth new ideas and questions to the speaker at any time.

### Speaker's Corner (SC)

In these informal sessions, a speaker will critically evaluate and analyse a topic. Participants may question the speaker at the end of the lecture.

### Symposium (S)

Symposia will showcase the latest findings in diabetes research, and current issues in therapy and education, as well as exploring subjects related to the organizational, economic and personal impact of diabetes.

### Teaching Lecture (TL)

Recognized experts will give educational lectures on specified topics. This format will combine a lecture with an audience interaction.

### Workshop (WS)

Workshops will involve the discussion of specific topics accompanied by practical demonstrations, problem-solving or hands-on training sessions.

## Abstract programme

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### Oral Presentation

Some accepted abstracts will be chosen for oral presentations enabling authors to communicate their findings to a global audience.

### Poster Discussion

An array of accepted abstracts will be selected for poster discussion sessions. Authors will present and discuss their findings with a small group.

### Poster Display

A collection of accepted abstracts will be displayed as posters.

## Topics per stream

### Clinical and Basic Science

Format	Topic
Debate	Blood pressure should be lowered as much as possible in people with type 2 diabetes
	C-Reactive Protein: it is a must for identifying CVD risk!!!
	Early intervention to prevent diabetes must include medication
	HbA1c for diagnosis - progress or the wrong direction?
	The leading $\beta$ -cell partner in type 2 diabetes: It has to be mass! It has to be function!
	The pharmaceutical industry is a good thing for diabetes research?
	Will genome-wide association studies teach us a lot about physiology?
Meet-the-expert	A new class of drugs: inhibitors of renal glucose transport
	Diabetes in pregnancy
	General management of diabetic nephropathy
	Genetics of type 2 diabetes: what's new?
	Insulin therapy in type 2 diabetes: who, when and how
	Role of the newer drugs for diabetes in developing countries
	Surgical treatment of diabetes by bariatric surgery
Symposia	Type 1 diabetes: a disease of all ages implying different strategic approaches
	Type 2 diabetes and the liver
	Adipocyte biology - basic science translated to the clinician
	Approaches to the treatment of obesity – why and what?
	Basic aspects of vascular complications
	Basic science of incretins for the clinician
	Brain control (or lack of) in diabetes and obesity
	Cardiovascular risk and diabetes medications – the ups and downs
	Cellular and physiological mechanisms of insulin resistance
	Does the pathophysiology of type 2 diabetes differ between races and between countries?
	Ectopic fat and diabetes: fat by chance
	Genetic insights into risk factors and complications of diabetes from genome wide association studies
	Gut feelings and function in obesity and diabetes
Incretin based therapy - now and down the road	
Late breaking clinical trials	

Format	Topic
Symposia	Learning from monogenic diabetes
	Metabolic memory: a legacy effect
	Neural complications of diabetes
	New and old targets for diabetic complications
	Novel routes to diabetes
	Pathogenesis of type 2 diabetes: which is the predominant culprit?
	Prevention of beta cell destruction in type 1 diabetes
	Replacing $\beta$ -cells from alternative sources
	Stressing out the $\beta$ -cell
	Tackling type 1 diabetes before and shortly after diagnosis
	The endothelium in diabetes
	Type 2 diabetes in children
	What did we learn from the recent mega trials?
What should follow metformin?	
Teaching Lecture	Getting your article published - what do the journals look for?
	Inpatient hyperglycaemia - critical and non-critical care setting
	What should the clinician know about statistics in clinical trials?

## Education and Integrated Care

Format	Topic
Debate	Reducing carbohydrate intake is the way to go to improve glycaemic control
Meet-the-expert	Engaging the person in their healthcare - how do we help the person who doesn't seem interested
	How do you take a diet history and give nutrition advice when you don't have a dietician?
	Management strategies for ensuring successful athletic performance
	Reaching communities and engaging people through innovative mass media strategies
	Utilizing team members more effectively in education, clinical care and research
Symposia	Care for the hospitalized patient
	Creative approaches to diabetes education
	Diabetes care across lifespan: what's the evidence, what works?
	Diabetes education from around the world
	Diabetic complications: What does the educator need to know
Education strategies to get the most out of today's diabetes technology	

Format	Topic
Symposia	IDF education activities - Centres of Education
	Integrating Conversation Maps into evidenced based education strategies
	The science around peer education
Teaching Lecture	Advocacy for education and evidenced-based care across health systems and communities
	Physiological adaptation to weight loss: do our bodies cause us to gain weight?
Workshop	Building motivational interviewing skills: a practical guide
	Goal attainment scale: a valuable tool for improving self care behaviours
	How does the non-psychologist team member identify and deal with diabetes-related distress
	Identifying regional issues with education and shifting the paradigm to cope
	Patient focused consultations: a live performance
	Reducing the risk of developing diabetes : evidence-based lifestyle interventions
	The changing face of HbA1c: a test for all seasons
	What are the critical issues and culturally specific solutions for nutrition in your country or region

## Global Challenges in Health

Format	Topic
Debate	Advocates should focus first on enacting or improving National Diabetes Plans
	Can IDF speak for persons with NCDs while accepting funding from drug and food companies?
	Clinical and pre-clinical research: can we act globally on the results we have, or must studies be confirmed in each population and environment?
	Are multinational policy declarations a waste of time and energy?
	How best to support LMICs against NCDs: international grants and loans, or indigenous bottom-up solutions and funding?
	What's the best path to adequate primary care of NCDs: fund new vertical programs, join with existing vertical programs, or first create effective national health systems?
	Saving the 90%: Just take or prescribe the polypill (or the polypak)!
	Primary versus secondary prevention: what should be the first priority?
	Saving the 90%: Should countries divert resources now to prevent perinatal triggering of diabetes risk?
	The "health in all policies" movement: has it accomplished anything yet?
Meet-the-expert	Diabetes/NCDs and economic development
	Social determinants of NCDs, equity
Symposia	"Cities of Hope" - Mayors of major cities
	Getting girls to exercise in Muslim countries

Format	Topic
Symposia	Health Authority of Abu Dhabi
	How can we work together? Climate change, road safety, urban planning
	How can we work together? Education, maternal/child health, women's movements
	How can we work together? Food, trade, water, famine relief
	How can we work together? Governance, corruption, human rights, democracy
	How can we work together? IMF, Ministries of Finance, WTO, World Bank, Banks
	How can we work together? Researchers around the world
	How can we work together? Tobacco, heart, TB/lung, HIV/AIDS, cancer
	Making cost-effective treatment choices: drugs, people, facilities
	Paths to implementing national NCD policy: 3 health ministers speak
	Social and economic impact of diabetes: IDF Studies
	Special treatment challenges and opportunities in Muslim populations
Teaching Lecture	Burden of disease methods, new findings
	Economic analysis methods and concepts
Workshop	How to design effective national surveillance systems for diabetes and other NCDs (Part 1)
	How to design effective national surveillance systems for diabetes and other NCDs (Part 2)
	How to use new media and web 3.0 for advocacy
	Facilitating the adoption and implementation of diabetes prevention and control resources in organizations serving ethnic minority populations

## Health Systems and Epidemiology

Format	Topic
Debate	Genetic information does not improve prevention and control of type 2 diabetes
	It is time to perform screening for diabetes and high risk conditions
	Pay for performance improves diabetes control
Meet-the-expert	21st century vision for an integrated system to control and prevent diabetes
	Are young diabetic patients more at risk than late onset patients in developing countries?
	ISPAD lecture
	Prevention of diabetic foot - An Asia-Pacific Initiative
Symposia	Biological mismatching and modernization - unravelling multi-causality
	Delivery of diabetes care
	Diabetes and co-morbidities
	Emerging risk factor for diabetes

Format	Topic
Symposia	Personalized care versus evidence based medicine
	Surveillance and primary prevention in real practice
	What can we learn from diabetes epidemiology in developing regions?
Workshop	IDF Global Risk Assessment Program
	Payment for diabetes care and prevention - lessons from different models
	Reporting of BRIDGES Projects
	Addressing special needs in different patient groups
	Transforming clinical practice through epidemiology
	What is the culprit for current diabetes epidemic?

## Life with Diabetes

Format	Topic
Debate	Diabetes is not a disease but is it a special way of life?
	Diabetes volunteerism: voluntary initiatives can move diabetes associations' responsibility from concept to fact
	Discrimination affects the life of people with diabetes (work, school, family and leisure)
	Relationship between associations and governments
Meet-the-expert	Diabetes Camps: retreats for children and young people with diabetes
Open Forum	Diabetes and alternative medicine
	Diabetes and depression
	Diabetes and disasters
	Diabetes and exercise
	Diabetes and insulin
	Living with the complications of diabetes
	Patients perspectives: diabetes and pregnancy
Speakers' Corner	Challenges and support for young adults with diabetes in developing countries
	Diabetes and travelling
	Drawing up national guidelines for diabetes management: the role of the national diabetes associations
	Fundraising and sustainability for diabetes associations
	Life for a Child Program
	Obesity in Arab countries
	Oral health in people with diabetes
	Prevalence and incidence of diabetes in Arab countries

Format	Topic
Speakers' Corner	Ramadan: fasting with diabetes
	Using art in person-centred therapies
Symposia	Association Development
	Diabetes and children
	Diabetes and technology
	Diabetes in indigenous people
	Diabetes in rural areas
	The "step by step" – improving diabetic foot care in the developing world programme: is it successful?
Workshop	Understanding the gendered dynamics of diabetes worldwide
	Networking in diabetes
	Why and how to prick your finger to read blood glucose levels

## Session recording policy

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- No session may be recorded or broadcast in any format by any attendee. The congress will itself record some sessions with the presenter's consent for webcasting. Use of digital cameras to record individual slides is not allowed.
- Use of photographs of slides in any subsequent publication or presentation or other distribution is a breach of copyright and may result in prosecution by the owner of the data or ideas. Use of flash is also forbidden.
- Please find the latest programme information at: [www.worlddiabetescongress.org](http://www.worlddiabetescongress.org)
- Please note that there is no need to sign up for individual sessions; access is on a first-come, first-served basis.

# CALL FOR ABSTRACTS

## Abstract submission

The World Diabetes Congress welcomes original abstracts on subjects relevant to the following five streams:

Clinical and Basic Science
Education and Integrated Care
Global Challenges in Health
Health Systems and Epidemiology
Life with Diabetes

### Guidelines

Abstract submission opens	1 February 2011
Abstract submission deadline	20 April 2011, 17.00 Greenwich Mean Time (GMT)

- **Submission mode:** Abstract submission is only possible through the online abstract submission module at [www.worlddiabetescongress.org](http://www.worlddiabetescongress.org). Abstracts submitted by post, fax or email will NOT be accepted. The online abstract submission module will NOT be available after 20 April 2011, 17:00 Greenwich Mean Time (GMT).
- **IDF congress profile:** In order to submit an abstract using the online abstract submission module, a congress profile must first be created. The submitter must ensure accurate contact details are entered. One or several abstracts can be submitted by logging into the congress profile. An abstract can ONLY be submitted by the presenting author.
- **Number of submissions:** There can only be ONE presenting author per abstract. The same abstract CANNOT be submitted multiple times by listing different presenting authors. An unlimited number of abstracts can be submitted and presented by an individual.
- **Language:** All abstracts must be submitted in English. Should English not be your first language, you may prefer to have your abstract examined by a native English speaker prior to submission.
- **Accuracy of content:** Submitted abstracts may be edited online prior to the abstract submission deadline: 20 April 2011, 17.00

Greenwich Mean Time (GMT). Abstracts CANNOT be edited or revised in any way after the deadline. All accepted abstracts will be published as submitted by the author. The responsibility for the submission of an accurate and precise abstract lies solely with the author.

- **Originality of abstracts:** Work submitted elsewhere before 8 December 2011 should NOT be resubmitted to the World Diabetes Congress. However, previously submitted work can be resubmitted provided it includes new methods and findings.
- **Disclosure of interests:** Any financial relationships with any commercial entities in the products or processes described in the work must be correctly stated.
- **Regulatory approval:** The submitting author confirms that local regulatory approval has been obtained as required by local laws.
- **Author consent:** The submitting author declares all authors have read and approved the submitted work.
- **Copyright transfer:** Authors attest their submitted work does not infringe any copyright legislation. Copyright for the publication of abstracts is automatically transferred to the International Diabetes Federation upon submission and acceptance of the regulations within the online submission module. For rejected abstracts, the copyright reverts back to the authors.

### Instructions

- **Stream & category:** There are five streams within the programme with categories assigned to each stream. Ensure that you select a stream and ONE category which BEST describes the content of your abstract. Categories are used for reviewing and indexing purposes.
- **Abstract title:**
  - The title is limited to **120 characters excluding spaces** and should be brief and relevant. Special characters should NOT be used in your title but spelt out instead (e.g.  $\beta$  à beta;  $\omega$  à omega).
  - Only standard abbreviations and generic drug names should be used in the title.
- **Authors:** Only 12 authors and/or study groups can be listed. Only one institution can be entered for each author.

- **Abstract body:**
  - **Structure** the abstract, when applicable, to include aims, methods, results and discussion/conclusion.
  - **Font size and style** will be automatically configured by the system.
  - **Tables** will be accepted in the submission field and count towards the character limit. The character deduction for tables is not fixed and will be generated by the character count shown below the submission field. Graphs, figures and photographs are NOT allowed.
  - **The length** of the abstract is limited to **2100 characters excluding spaces**. Only the abstract body and any inserted tables count towards the character limit. The character count displayed beneath the submission field is final and undisputable.
  - Only commonly accepted **abbreviations** should be used (e.g. OGTT, IGT, ACEI). Treatment groups or drug names should NOT be abbreviated. Less widely recognized abbreviations may be used if introduced on first usage (e.g. ambulatory blood pressure monitoring, ABPM).
  - Only approved and generic (non-propriety) **drug names** should be used.
  - Do NOT enter the title, authors, or grant information into the abstract text submission field and exclude any references from the abstract body.

### Selection and notification process

- **Selection:** All submitted abstracts undergo a peer-review process by an international panel of reviewers. Accepted abstracts are selected for oral presentation, poster discussion or poster display. The Programme Committee reserves the right to accept or reject any submitted abstract and re-categorize any accepted abstract. The decision of the Programme Committee is final and irrevocable.
- **Notification:** Notice of acceptance or rejection of submitted abstracts will be sent to the presenting author by mid July 2011. It is the responsibility of the presenting author to inform all other authors of the status of the abstract. Presenting authors may also check their congress profile to see the status of the abstract.

- **Author registration:** Presenting authors of accepted abstracts MUST pay the full applicable registration fee for the World Diabetes Congress 2011 by **10 August 2011, 09:00 Greenwich Mean Time (GMT)**. If the entire registration fee is not paid by the deadline, the abstract will be automatically withdrawn and will NOT be presented or published. Presenters are entitled to the early registration rate and will be provided with a special registration code upon selection notification. Submitters of rejected abstracts are entitled to the early registration rate until 10 August 2011 and will also be provided with a special registration code upon notification of abstract rejection.

### Abstract publication & changes

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- All accepted abstracts will be published in the World Diabetes Congress abstract book and on the abstract CD-ROM. The abstract book will only be printed in a limited number of copies.

### Posters

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- Posters will be displayed every day near the catering area on the exhibition floor of the congress venue. We aim to provide all accepted abstracts the ideal platform to garner maximum exposure.

### Note to submitting authors:

- All selected posters will be displayed. Authors should refer to specific instructions provided upon selection for dates and times when the posters should be put up and taken down.
- Poster discussion sessions will take place each day from 12.00 – 13.00 and 13.00 – 14.00. Headsets will be made available for the audience on a first-come, first-served basis.
- Authors selected for poster display should attend to their posters from 12.00 – 14.00
- All posters must be portrait format with the following maximum dimensions: 95 cm (width) x 160 cm (height)

## Late-breaking abstract policy

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Abstract submission open: 5 August 2011

Abstract submission deadline: 15 August 2011, 17.00  
Greenwich Mean Time (GMT)

Late-breaking abstract submission will be allowed for authors to submit their breakthrough findings in the field of diabetes.

Authors should **ONLY** submit abstracts which comply with the following conditions:

- Should contain new research findings of special importance
- Should **NOT** contain preliminary data
- Results published or likely to be published before 8 December 2011 are not allowed

**Late-breaking abstract submission is only possible if the presenting author has paid the full applicable registration fee for the World Diabetes Congress prior to 5 August 2011.**

Prospective submitters should contact the Programme Coordinator at the congress secretariat for detailed submission instructions.

## Abstract categories

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Authors must select one category from the list below that best describes the content of their abstract. This category will be used for reviewing and indexing purposes.

The categories are grouped according to the five congress streams:

### Clinical and Basic Science

- Alternative medicine
- Animal models of type 1 diabetes
- Animal models of type 2 diabetes
- Blood pressure
- CNS/hypothalamic regulation in obesity and diabetes
- Complications – biochemical mechanisms
- Complications – cardiovascular disease
- Complications – eye
- Complications – foot
- Complications – kidney
- Complications – nerve
- Diabetes and infections
- Diabetes and the brain
- Diabetes in children
- Diabetes in the elderly, in-patients, and other special groups
- Genetics of type 1 diabetes
- Genetics of type 2 diabetes
- Glucagon physiology and pathophysiology
- Glycated haemoglobin
- Guidelines, clinical care
- Hypoglycaemia
- Incretin physiology and pathophysiology
- Incretin therapies
- Inflammation
- Insulin action – glucose transport, receptors, signal transduction, cellular mechanisms
- Insulin action – physiology, carbohydrate, lipid and protein metabolism
- Insulin resistance and the metabolic syndrome
- Insulin secretion, dysfunction and the islet B-cell (in vivo)
- Insulin therapy and devices
- Islets – beta cell death and survival
- Islets – beta cell gene regulation
- Islets – beta cell growth and regeneration
- Islets – developmental biology and stem cells
- Islets – insulin secretion, dysfunction (in vitro)

- Islets – other islet cells/hormones (IAPP, glucagon, somatostatin etc.)
- Lipids and lipoproteins
- Monitoring of blood glucose control
- Monogenic forms of diabetes
- Nutrition and diet
- Obesity: physiology and pathophysiology of weight regulation
- Obesity: prevention and management
- Oral glucose lowering therapies
- Physical activity and exercise
- Pregnancy and gestational diabetes
- Secondary diabetes
- Stem cell therapy
- Transplantation – islet and pancreas

### Education and Integrated Care

- Diabetes education across the ages
- Diabetes education and technology
- Diabetes education delivery
- IDF curriculum-based health professional programs and others
- Nutrition therapy and diabetes
- Patient engagement and self-management – adult
- Patient engagement and self-management - youth
- Peer education
- Psychosocial/behavioural interventions
- The evolving role of the diabetes health professional

### Global Challenges in Health

- Advocacy tactics and strategies
- Alliances among advocacy groups and movements
- Economic and social development
- Economics and cost-effectiveness
- Global and regional actions
- Health in all policies
- Implementation of policies and plans
- Links between NCDs and environmental and social sustainability
- Local policies and programs of global significance
- Monitoring and measurement, evaluation
- Non-communicable Disease (NCD) policy and advocacy
- Organization and coordination of advocacy
- Policies affecting women and diabetes
- Policy, planning, budgeting, regulation and taxation
- Primary prevention of diabetes and other NCDs

- Right to essential medicines and technologies
- Simulation of treatments and policies
- Social causes of NCDs and failures to treat NCDs
- Sustainable development
- Urban planning and policy

### Health Systems and Epidemiology

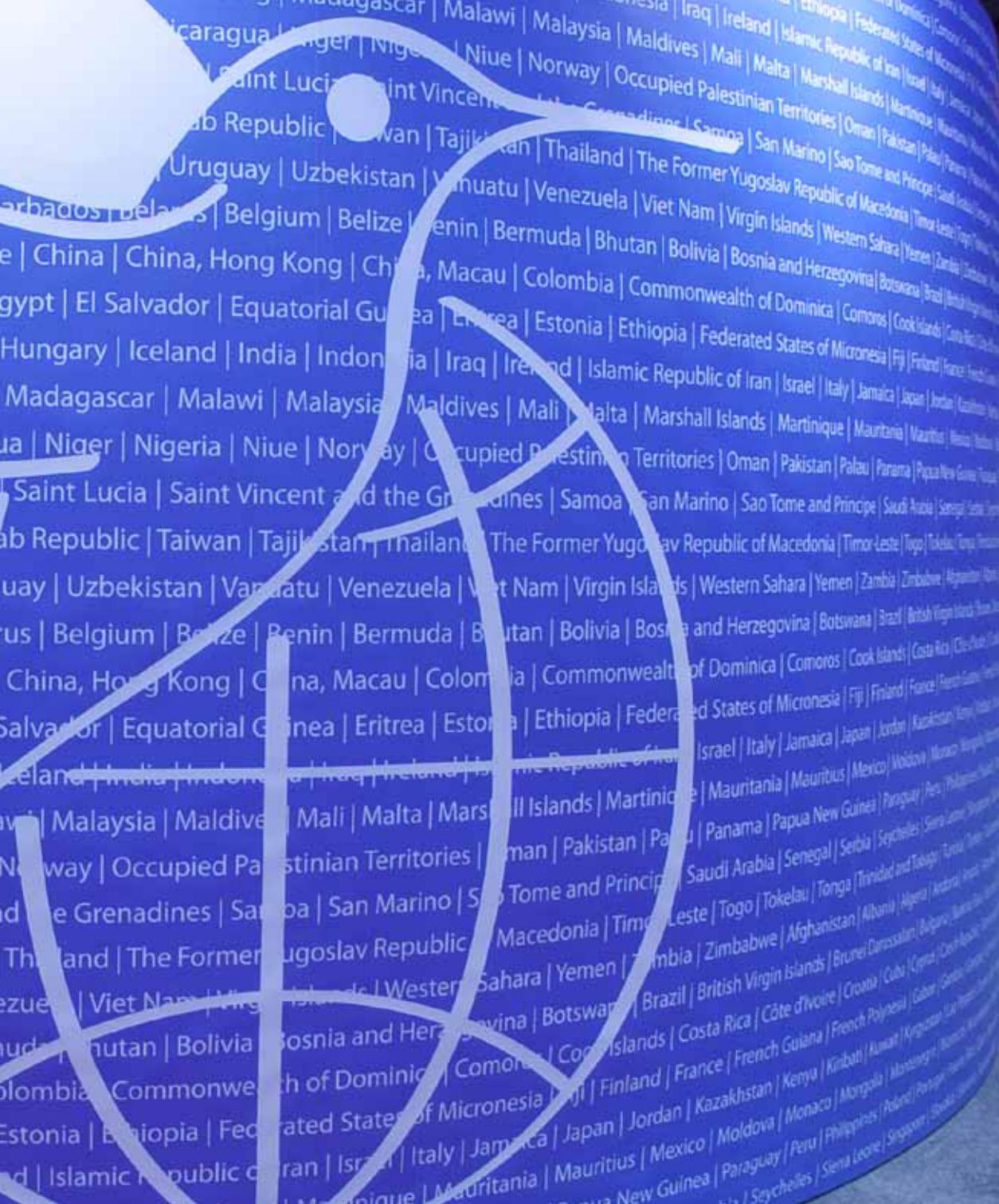
- Age, gender, ethnicity and culture
- Care delivery, care providers, care coordinators and supporters
- Cognition, psychology and behaviour
- Comorbidities and emerging risk factors
- Diagnosis and classification
- Environment and lifestyles
- Epidemiology
- Ethics, quality, standard and practice in diabetes
- Health care financing
- In utero environment and perinatal programming
- Indigenous communities and ethnicity issues
- Infection and microbial flora
- Phenotypes versus genotypes
- Primary and secondary prevention
- Quality assurance in diabetes care
- Screening and risk stratification
- Telecommunication and internet

### Life with Diabetes

- Access to drugs and technologies
- Diabetes and gender dynamics
- Diabetes associations
- Diabetes in childhood and adolescence
- Diabetes in rural areas
- Disasters and diabetes
- Discrimination and diabetes
- Indigenous communities
- Living with diabetes
- Rights and responsibilities of people with diabetes



... Republic of Korea | Réunion | Romania | Russian Federation | Rwanda | Saint Kitts and Nevis | Saint Lucia | Saint Vincent and the Grenadines | Samoa | South Africa | Spain | Sri Lanka | Sudan | Suriname | Swaziland | Sweden | Switzerland | Syrian Arab Republic | Taiwan | Tajikistan | Tanzania | United Kingdom | United Republic of Tanzania | United States of America | Uruguay | Uzbekistan | Vanuatu | Venezuela | ...



NEPAL INFORMATION

## REGISTRATION

### Individual registration

- Participants are required to register online at [www.worlddiabetescongress.org](http://www.worlddiabetescongress.org). A valid e-mail address will be required.
- Registration and corresponding payment should be received by 15 November 2011. After this date, the online registration system will no longer be available and registration will only be possible onsite.
- Onsite registration at the late rate will be possible during the congress (4-8 December 2011). Please note that day rates as well as a special rate for citizens of World Bank Eligibility list countries will also be available onsite.

### Onsite registration schedule

Days	Hours
Sunday 4 December	07.00 – 18.00
Monday 5 – Wednesday 7 December	07.30 – 18.00
Thursday 8 December	07.30 – 13.00

### Rates

Registration rates are as follows (all indicated amounts are in EUR):

Category	Early rate Payment received on or before 17 June 2011	Standard rate Payment received on or before 17 September 2011	Late rate Payment received after 17 September 2011 and on site	Day rate (on site only)
Regular rate	500	800	900	300
Reduced rate (1)	300	550	700	300
Student (2)	100	100	100	100
Low income countries (3)	200	300	400	150

- (1) This reduced rate is available for healthcare professionals other than medical doctors. This reduced rate is also available for participants 35 years old or younger at the time of the congress. Applicants for this rate must fax a copy of their ID/passport to +32 2 4030830.
- (2) This reduced rate is available for participants who are students at the time of the congress. This rate is not applicable to persons holding a post-doctorate degree. Applicants for the student rate must complete the application form and fax to +32 2 4030830.
- (3) This reduced rate is available for participants who are both citizens AND residents in one of the listed low-income countries as defined by the World Bank. The most recent list is available on [www.worlddiabetescongress.org](http://www.worlddiabetescongress.org)

Applications for special rates must be accompanied by a copy of an official document. If no proof is included with the registration, the regular rate will apply.

## Group registration

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- Group registration is available for groups of at least 10 participants. One contact person should coordinate with the congress secretariat.
- The group rate is at the regular rate per person.
- All registration information will be sent to the group contact person, who will then be responsible for the distribution to the group.
- A special module for group registration is accessible online at [www.worlddiabetescongress.org](http://www.worlddiabetescongress.org)
- The group contact person can collect the group registration badges and vouchers from the registration desk at the Dubai International Convention and Exhibition Center at a pre-arranged time on Saturday 3 December 2011.

## Payment

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Payment should preferably be made by credit card (Eurocard/Mastercard, VISA or American Express). Please indicate the card owner's name (as shown on the card) and the expiry date.

You can also pay by direct bank transfer without charges to the beneficiary:

- Beneficiary name: IDF  
Account name: World Diabetes Congress Registration  
Account number / IBAN: BE67 6451 4103 3587  
Swift code / Routing: BIC JVBABE 22  
Bank name: Bank J. Van Breda & Co  
Bank address: Vlaanderenstraat 53, 9000 Gent, Belgium.

The name and address of the participant should be clearly stated on the bank transfer. Please bear in mind that an international bank transfer can take up to 10 days to reach our account. If payment is not received by the corresponding deadline (early or standard registration), the subsequent rate will automatically apply.

### Name change/cancellation for individual registrants

All name changes and cancellation requests must be done in writing (email). No changes or cancellations will be accepted by telephone.

Name change for a confirmed registration will be subject to an administrative fee of 50 EUR per participant.

Cancellation of a confirmed registration will be subject to an administrative fee of 100 EUR per participant. Please note that if you cancel after 15 November 2011, no refund will be possible.

### Refunds

Please note that any applicable refund will be reimbursed after the congress.



## HOTEL ACCOMMODATION

Congress Solutions International (CSI) is the official housing bureau for the World Diabetes Congress in Dubai. CSI has contracted a large number of rooms within a broad range of categories. It is advisable to make your reservation as early as possible to secure your preferred hotel category and preferential rates. Most hotels are linked to the congress centre by Dubai Metro.

### Hotel list

	Category	All rates are in USD and inclusive of taxes and breakfast	
		SGL BB	DBL BB
<b>5 star hotels</b>			
Al Bustan Rotana - Dubai	★★★★★	245	278
Crowne Plaza Dubai Festival City	★★★★★	327	327
Crowne Plaza Dubai - Sheikh Zayed Road	★★★★★	225	245
Dusit Thani Dubai	★★★★★	218	232
Jumeirah Emirates Towers	★★★★★	389	425
Grand Hyatt Dubai	★★★★★	311	311
Grand Millenium Dubai	★★★★★	213	229
Intercontinental Festival City	★★★★★	354	354
JW Marriott Dubai	★★★★★	327	340
Kempinski Hotel Mall of the Emirates	★★★★★	354	381
Media Rotana, Barsha - Dubai	★★★★★	229	262
Mövenpick Hotel Bur Dubai	★★★★★	218	218
Raffles Dubai	★★★★★	313	340
Shangri-La Hotel, Dubai	★★★★★	300	327
Sheraton Dubai Creek Hotel & Towers	★★★★★	260	275
The Address Dubai Mall	★★★★★	359	395
The Address Downtown Dubai	★★★★★	425	395
The Palace – The Old Town	★★★★★	359	426
<b>4 star hotels</b>			
Al Manzil Hotel	★★★★	394	428
BurJuman Arjaan by Rotana - Dubai	★★★★	285	318

	Category	All rates are in USD and inclusive of taxes and breakfast	
		SGL BB	DBL BB
Ascot Hotel	★★★★	190	205
Byblos Hotel	★★★★	180	198
Capitol Hotel	★★★★	155	169
Ramada Chelsea Hotel Al Barsha	★★★★	245	245
City Seasons Hotel, Dubai	★★★★	213	229
The Country Club Hotel	★★★★	150	155
Four Points by Sheraton Bur Dubai	★★★★	213	229
Jumeira Rotana - Dubai	★★★★	177	191
Jumeira Rotana - Dubai	★★★★	196	229
Majestic Hotel Tower Dubai	★★★★	201	239
Manhattan Avenue Hotel	★★★★	123	136
Media One Hotel	★★★★	343	343
Metropolitan Hotel dubai	★★★★	218	239
Millenium Airport Hotel Dubai - Standard Rooms	★★★★	320	376
Millenium Airport Hotel Dubai - Superior Rooms	★★★★	352	410
Qamardeen Hotel	★★★★	394	428
Radisson Blu Hotel, Dubai Media City	★★★★	216	236
Regent Palace Hotel Dubai	★★★★	150	165
Rose Rayhaan by Rotana - Dubai	★★★★	229	262
Rydges Plaza Hotel Dubai	★★★★	164	177
Towers Rotana - Dubai	★★★★	229	262

### 3 start hotels

Citymax Al Barsha	★★★	105	105
Citymax Bur Dubai	★★★	105	105
Holiday Inn Express Dubai - Safa Park	★★★	147	147
Holiday Inn Express - Dubai Airport	★★★	98	98
Holiday Inn Express Dubai - Internet City	★★★	147	147
Holiday Inn Express Dubai - Jumeirah	★★★	147	147
Ibis Deira City Centre	★★★	142	160
Ibis Mall of The Emirates	★★★	142	160
Imperial Suites Hotel	★★★	136	150

	Category	All rates are in USD and inclusive of taxes and breakfast	
		SGL BB	DBL BB
Premier Inn - Dubai International Airport	★ ★ ★	135	146
Premier Inn - Dubai Investment Park	★ ★ ★	108	119
Premier Inn - Dubai Silicon Oasis	★ ★ ★	116	127
Seashell Inn Hotel	★ ★ ★	115	132

### Hotel Apartments

Chelsea Tower - Hotel Apartments - 1 bedroom apartments	none	245	245
Chelsea Tower - Hotel Apartments - 2 bedroom apartments	none	343	343
Chelsea Tower - Hotel Apartments - 3 bedroom apartments	none	442	442
Grand Midwest Bur Dubai - 1 bedroom apartments	none	142	170
Grand Midwest Tower Media City - 1 bedroom apartments	none	182	216
Jumeirah Living World Trade Centre Residence - 2 bedroom apartments	none	588	588
London Crown Hotel Apartments	none	115	177
Ramada Downtown Dubai	none	392	392
Rihab Rotana - Dubai	none	196	229
Rimal Rotana - Dubai	none	196	229
Somerset Jadaf	none	205	205
The Place Dubai	none	229	253
Villa Rotana - Dubai	none	213	245

All rates are quoted in USD.

All rates are quoted per room per night inclusive of non-claimable 20% local taxes (10% municipality tax and 10% service fee) and breakfast. All quoted rates are valid for standard rooms. Rates for other room types are available upon request.

### Booking procedure

**We encourage you to make reservation requests online.**

For more details, terms and conditions,

visit [www.worlddiabetescongress.org](http://www.worlddiabetescongress.org)

or contact the World Diabetes Congress housing bureau:

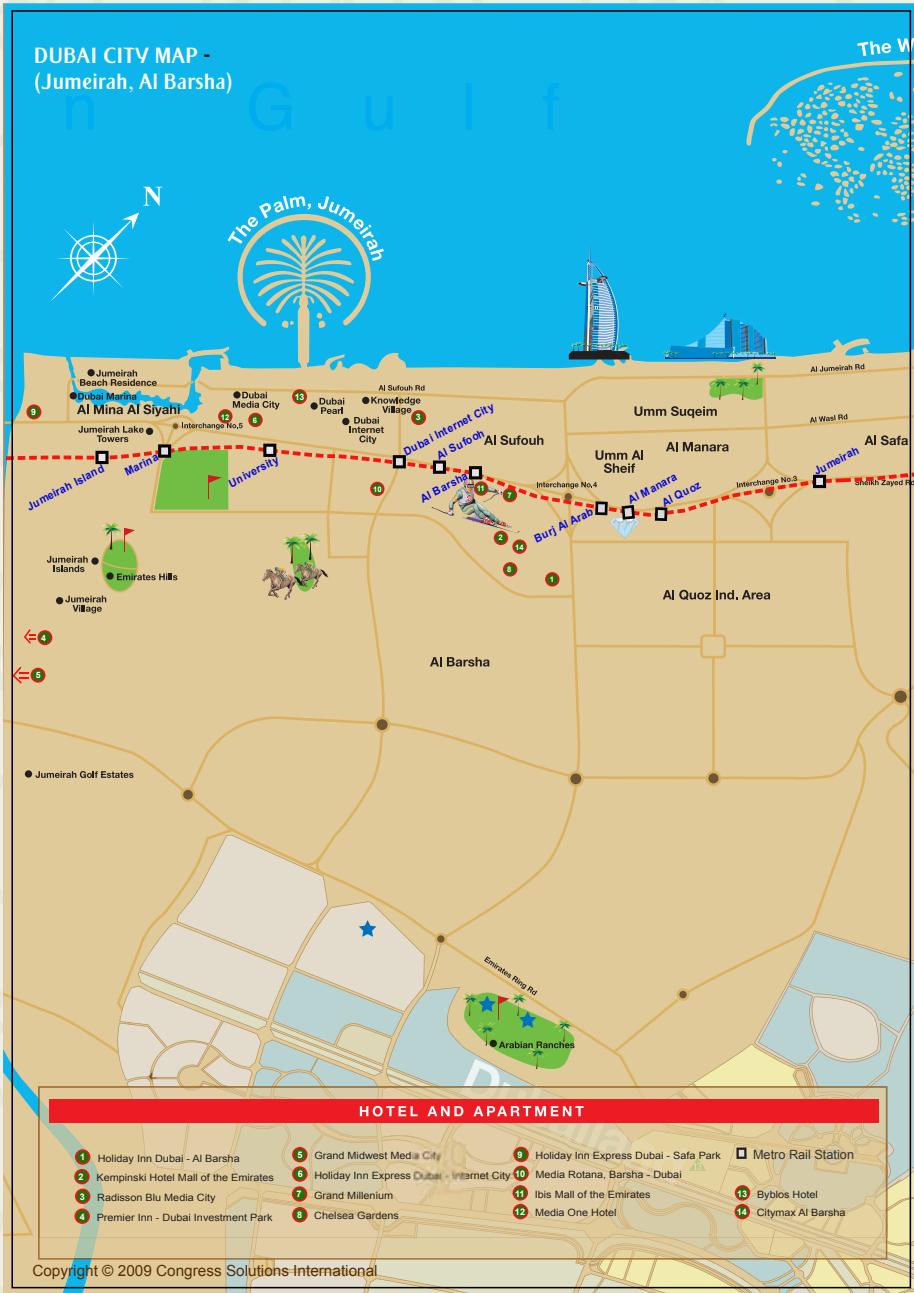
- CSI

T: +971 4 303 47 65

F: +971 4 303 40 30

E: [housing@idf.org](mailto:housing@idf.org)

DUBAI CITY MAP -  
(Jumeirah, Al Barsha)



**HOTEL AND APARTMENT**

- |  |   |   |                      |
|--|---|---|----------------------|
| 1 Holiday Inn Dubai - Al Barsha        | 5 Grand Midwest Media City                  | 9 Holiday Inn Express Dubai - Safa Park | □ Metro Rail Station |
| 2 Kempinski Hotel Mall of the Emirates | 6 Holiday Inn Express Dubai - Internet City | 10 Media Rotana, Barsha - Dubai         |                      |
| 3 Radisson Blu Media City              | 7 Grand Millennium                          | 11 Ibis Mall of the Emirates            | 13 Byblos Hotel      |
| 4 Premier Inn - Dubai Investment Park  | 8 Chelsea Gardens                           | 12 Media One Hotel                      | 14 Citymax Al Barsha |

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# DUBAI CITY MAP - (Jumeirah, BurDubai, Karama, Deira, Festival City)



## HOTEL AND APARTMENT

- |   |  |   |
|---|--|---|
| 1 Raffles Dubai                         | 16 Qamardeen Hotel                           | 33 Four Points by Sheraton Bur Dubai            |
| 2 Intercontinental Festival City        | 17 Al Manzil Hotel                           | 34 Country Club Hotel                           |
| 3 The Address Dubai Mall                | 18 The Place Dubai                           | 35 Ascot Hotel                                  |
| 4 Crowne Plaza Dubai- Sheikh Zayed Road | 19 Holiday Inn Express Dubai - Jumeirah      | 36 Regent Palace Hotel Dubai                    |
| 5 The Palace - The Old Town             | 20 Premier Inn - Dubai International Airport | 37 Millenium Airport Hotel Dubai                |
| 6 The Address Downtown Dubai            | 21 Crown Plaza Dubai Festival City           | 38 Imperial Suites Hotel                        |
| 7 Grand Hyatt Dubai                     | 22 JW Marriott Dubai                         | 39 Rose Rayhaan by Rotana - Dubai               |
| 8 Jumeirah Emirates Towers              | 23 Movenpick Hotel Bur Dubai                 | 40 Seashell Inn Hotel                           |
| 9 Al Bustan Rotana- Dubai               | 24 Shangri-La Hotel, Dubai                   | 41 Citymax Bur Dubai                            |
| 10 Dusit Thani Dubai                    | 25 Rydges Plaza Hotel Dubai                  | 42 Holiday Inn Express - Dubai Airport          |
| 11 Sheraton Dubai Creek Hotel & Towers  | 26 Majestic Hotel Tower Dubai                | 43 Grand Midwest Bur Dubai                      |
| 12 Burjuman Arjaan by Rotana- Dubai     | 27 Jumeirah Rotana - Dubai                   | 44 Rihab Rotana - Dubai                         |
| 13 Metropolitan Hotel Dubai             | 28 Ibis Deira City Centre                    | 45 Rimal Rotana - Dubai                         |
| 14 Capitol Hotel                        | 29 Villa Rotana - Dubai                      | 46 Somerset Jadaf                               |
| 15 Towers Rotana - Dubai                | 30 Manhattan Avenue Hotel                    | 47 London Crown Hotel Apartments                |
|   | 31 City Seasons Hotel, Dubai                 | 48 Ramada Downtown Dubai                        |
|   | 32 Premier Inn - Silicon Oasis               | 49 Jumeirah Living World Trade Centre Residence |
|   |  | 50 Chelsea Tower - Hotel Apartments             |

Metro Rail Station

## CONTACT DETAILS

All enquiries and correspondence in relation to the congress should be directed to:

- Congress Secretariat - International Diabetes Federation (IDF)  
Chaussée de La Hulpe 166  
B- 1170 Brussels  
Belgium  
T: +32 2 5431631  
F: +32 2 4030830  
E: [wdc@idf.org](mailto:wdc@idf.org)  
[www.worlddiabetescongress.org](http://www.worlddiabetescongress.org)

### General enquiries

- [wdc@idf.org](mailto:wdc@idf.org)

### Industry relations

- [peter.engels@idf.org](mailto:peter.engels@idf.org)  
T: +32 2 5431633

### Abstracts and Programme

- [programme2011@idf.org](mailto:programme2011@idf.org)

### Registration

- [registrations2011@idf.org](mailto:registrations2011@idf.org)

### Housing

- [housing@idf.org](mailto:housing@idf.org)

### Tours

- [tours@idf.org](mailto:tours@idf.org)

## DISCOVER THE UAE!

Tours and excursions are available for congress delegates before and after the congress and for accompanying persons throughout the congress.

All tours have to be booked individually and at the delegates' own expense; they are not part of the registration fee.

The United Arab Emirates (UAE) consists of seven Emirates of which Dubai is the most popular destination. It is situated on the southern shore of the Persian Gulf on the Arabian Peninsula. Dubai is the second largest Emirate after Abu Dhabi and is usually recognized as the 'Pearl of the Persian Gulf'.

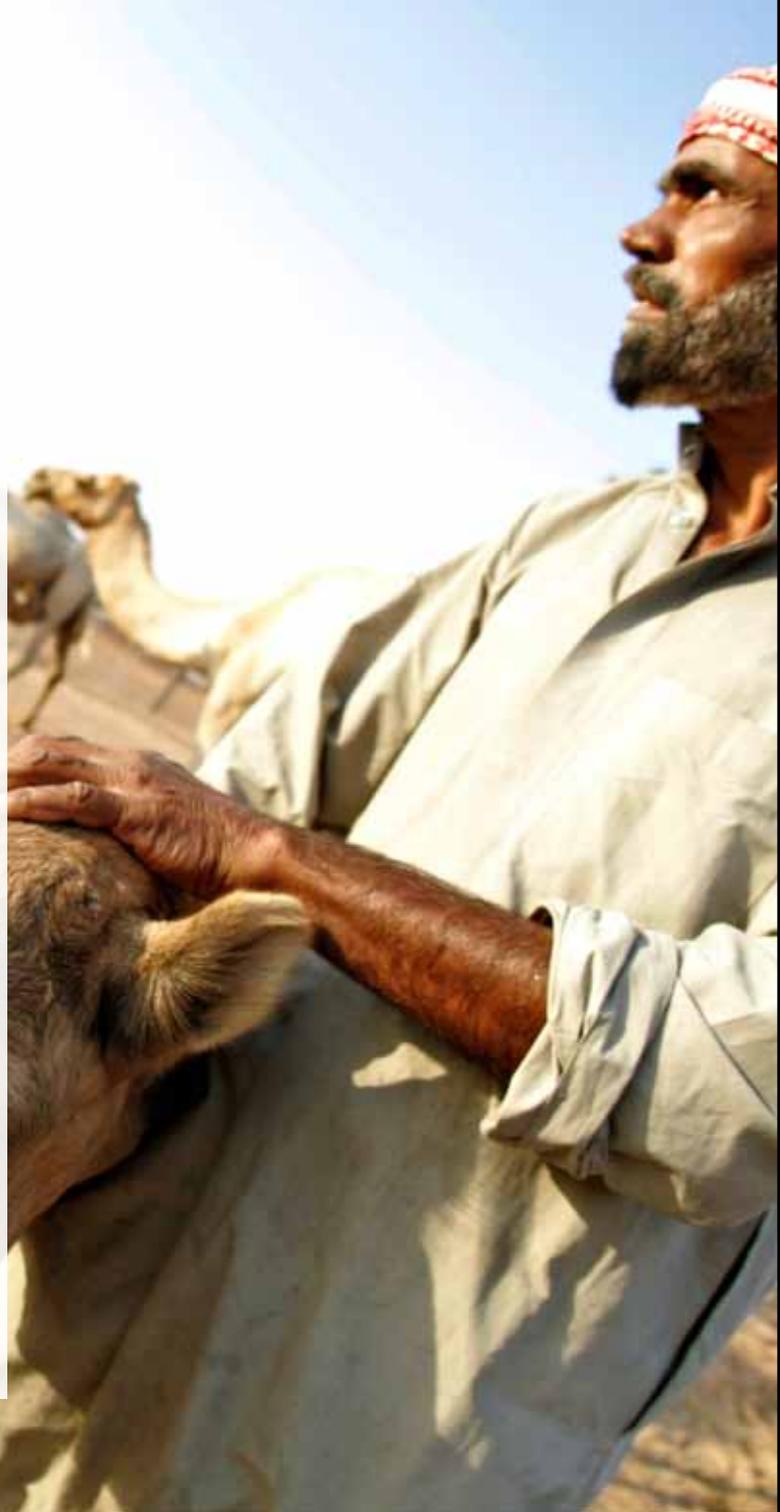
Dubai is a landmark for innovation. The city boasts remarkable skyscrapers, such as the world's tallest tower, the Burj Khalifa, as well as the awe-inspiring Palm Jumeirah, the world's largest man-made island.

Dubai's culture is rooted in Islam, providing a strength and inspiration that touches all aspects of everyday life. Virtually every neighbourhood has its own mosque. One of the largest and most beautiful - Jumeirah Mosque - is a spectacular example of modern Islamic architecture. Restored forts converted into museums and old souks (markets) tell tales of the past and the culture.

Congress Solutions International (CSI) has been appointed the official tours provider for the World Diabetes Congress Dubai 2011.

For more information and reservations please contact:

- CSI  
World Diabetes Congress Tour desk  
T: +971 4 303 47 63  
F: +971 4 303 40 30  
E: [tours@idf.org](mailto:tours@idf.org)



## Dubai city tour

Depart on a tour where one can find the modern and the traditional side by side. Our route takes us to the magnificent Jumeirah Mosque, past the modern palaces of the Royal Family sprawled along the coast. We then admire the old wind-tower red houses at the Bastakia built by wealthy merchants a few years ago.

We continue our journey by an abra-ride (water taxi), as we cross the creek and see the modern metropolis with its splendid architecture on one side, dwarfing the bustling alleys of the souks on the other. A walk along the creek is a fascinating sight, combining the past with the present. A must for all visitors is watching the traditional wooden dhows loading and unloading their cargo.

Our ride to the other side of the creek takes us to the gold and the spice souks. Capture the aroma of the old Dubai as we walk through the alleys with little spice souks and end up at the modern gold souk which offers some of the finest and purest gold on earth.

Available	Daily from 2 – 10 Dec 2011
Duration	4 hours
Cost per person	45 USD

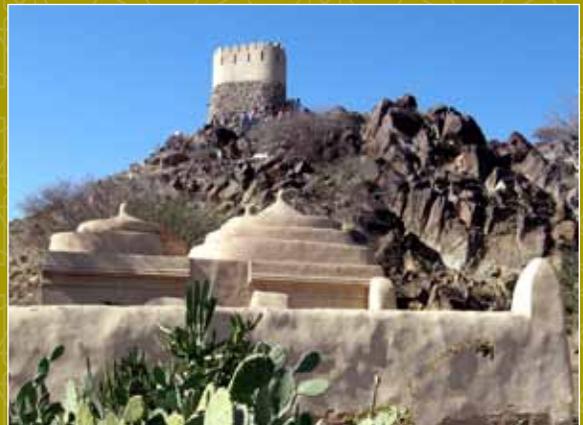


## East coast tour

We take you through a multi-hued desert landscape to the oasis of Dhaid, before journeying through spectacular mountain scenery. In the mountains, we stop for a stunning view of the canyon and the wadis showing tracks used by nomads in early days. Drive into Dibba, a picturesque fishing village, and then to the Bidiyah Mosque, the oldest and smallest in the United Arab Emirates, before following the coast through the lovely green town of Khor Fakkan.

After lunch, we stop at a 300-year old fort, before going to the village of Fujairah, abandoned when mountain dwellers moved away from oil exploration to start a fishing village. Our last stop is Bithnah oasis where you may photograph (from a distance) the impressive fort still guarding the mountain pass, once the only access to Fujairah, before returning to Dubai.

Available	5, 7 and 9 Dec 2011
Duration	6 hours
Cost per person	70 USD



## A spiritual discourse

### (100 guests per group)

This tour offers the unique opportunity to visit one of the largest and most beautiful mosques in Dubai. Generally, non-Muslims are not permitted to enter a mosque; however the Jumeirah Grand Mosque is the first and only mosque in the United Arab Emirates to open its doors to non-Muslims. It has been doing this since 1998 under the supervision of the SMCCU Director, Abdullah bin Essa Al Serkal, a prominent UAE national.

The Jumeirah Grand Mosque is built in the Islamic Fatimy style, with one large central dome, four smaller domes and two minarets. The mosque has the capacity to house 1,200 people for prayer.

This very special tour will enable participants to learn about the 'five pillars' of Islam, the Emirati culture and its traditions. The last part of the visit is dedicated to a Question & Answer session in which guests are encouraged to ask any questions they may have relating to Islam and the Arab culture in a free and open forum. Participants are reminded that a special dress code applies: men must wear long trousers, women must have their heads, arms and legs covered when in a mosque. For those who do not have a head covering, scarves will be provided.

Available on	3 to 10 Dec 2011, except 9 Dec
Duration	2 hours
Cost per person	25 USD

## Cultural walking tour of sharjah

Explore Sharjah's rich cultural heritage with a walking tour of this fascinating city. Our tour begins at the Mohammed Al Qassimi Mosque followed by a stroll along the creek, past the colourful dhows laden with goods from Iran. Our next stop is the creative Arts House, followed by the Old Souk – part of Sharjah's original settlement, offering a rich variety of spices, nuts, dates, household goods and the shisha. We continue along streets lined with exotic perfumes and ethnic garments to reach Sharjah Art Museum.

Next we stop at the ancient Al Hisn Fort and the nearby Al Arsah Souk. Leaving the souk we visit some old homes of local people, which are now renovated and exhibit traditional jewellery, costumes and cosmetics, giving you a glimpse of the local way of life in the past. Your coach meets you at this point to bring you back to your hotel.

Available on	3 and 6 Dec 2011
Duration	4 hours
Cost per person	45 USD



## Half day desert safari

### 6 hours including transfer time (4 or 6 guests per jeep)

The group departs from the hotel in 4WD vehicles for a full desert safari. We drive along a fast highway cutting a swathe through the rolling desert and its many changing hues. Those with a taste for speed and enthusiasm for an unusual sport will enjoy sand-skiing down the dunes of Dubai desert.

Special skis are used and high dunes in the interior of the desert are chosen as slopes. Driving in sand is an adventure in itself, combining the excitement of a roller coaster ride with the challenge of remaining mobile on the shifting surface.

Available on	2, 3, 5, 6, 9, 10 Dec 2011
Duration	6 hours
Cost per person	70 USD



## SOCIAL PROGRAMME

### Opening ceremony and welcome reception

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The International Diabetes Federation welcomes its delegates to the opening ceremony and welcome reception of World Diabetes Congress 2011 at the:

- Dubai International Convention and Exhibition Centre  
Sheikh Rashid hall E & F, ground floor  
Sunday 4 December 2011, 19.00 – 22.00  
Free entrance for all registered delegates  
Dress code: casual

### Networking evening

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Enjoy an evening with your peers and friends in a typical Bedouin camp far from the urban frenzy of Dubai in the peaceful and endlessly mesmerising desert.

Featuring Arabian carpets, low tables and comfortable cushions, the Al Sahara and Al Sarab camps are a 50-minute ride from Dubai. Experience the tradition of Arab hospitality with live music, an Arabic dinner buffet, camel rides, henna tattoos and shisha pipes, and take home cherished and lasting memories of a unique evening.

- Desert Camp Al Sahara (600 seats) and Al Sarab (250 seats)  
Monday 5 December 2011, 18.00 – 23.00  
Admission fee: 85 EUR including transport, entertainment, food and non-alcoholic beverages  
Tickets are available online at [www.worlddiabetescongress.org](http://www.worlddiabetescongress.org), and seats are on a first-come, first-served basis. Prepaid tickets will be included in the registration material. Tickets are non refundable.

### An evening with the President and IDF

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The IDF President as well as IDF Member Associations, staff and volunteers from around the world invite you to meet the people behind the International Diabetes Federation at a lively and inspiring evening at the Global Village.

- Dubai International Convention and Exhibition Centre, Hall 8 ground floor  
Wednesday 7 December 2011, 18.00 – 22.00  
Free entrance for all registered delegates  
Dress code: casual

THE ADVANCE PROGRAMME IS KINDLY SUPPORTED BY:

